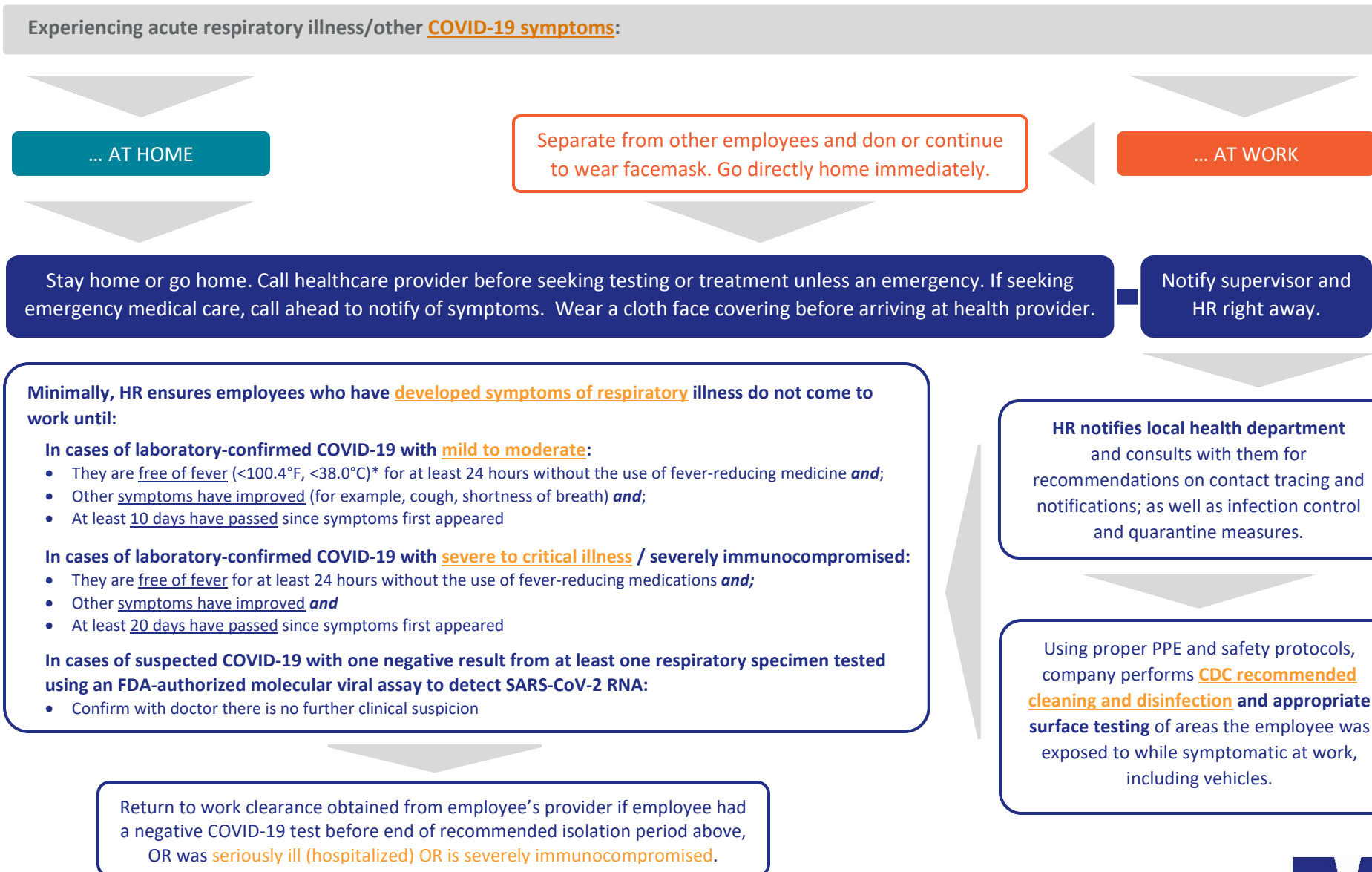


SCENARIO 1: COVID-19 Occupational Health Guidelines (Non-Healthcare Employees)

UPDATED 12.7.20



***It is recommended to compare with your most current state or local public health guidelines (which supersede CDC guidelines) when using this document.**

NOTE: The quarantine/isolation timeframe may be longer depending on employee's personal health risks and/ or health provider's advice.

NOTE: In most situations, a test-based strategy is no longer recommended to determine when to discontinue isolation for an employee confirmed positive with COVID-19.

When local resource limitations necessitate prioritization of testing decisions, providers should refer to [CDC Priorities for Testing Patients with Suspected COVID-19 Infection](#).

SCENARIO 2: COVID-19 Occupational Health Guidelines (Non-Healthcare Employees)

UPDATED 12.7.20

Close contact (household or within 6 ft.) with a confirmed or suspected case of COVID-19, or have tested positive for COVID-19, with no symptoms:

Stay home or go home. Call healthcare provider before seeking testing or treatment unless an emergency. If seeking emergency medical care, call ahead to notify of symptoms. Wear a cloth face covering before arriving at health provider.

Notify supervisor and HR right away.

Has not been tested or has negative test 5-6 days after exposure, and has not experienced symptoms

Has been tested, and has a laboratory-confirmed positive case, but has no symptoms

Has not been **tested and has no symptoms**, but is a critical worker who may have had exposure to a person with suspected or confirmed COVID-19

*CDC recommends quarantining at home for 14 days if possible and **monitor symptoms** from the date of last contact with the ill individual.

If remains asymptomatic and cannot quarantine for 14 days, CDC states a **10 day quarantine** is acceptable without a test; **or 7 day quarantine** with a negative FDA-authorized PCR or antigen test collected within 48 hours of 7th day, with **continued monitoring up to 14th day**.

Wear a face covering, practice distancing when in public or around other people.

CDC recommends isolating at home for at least **10 days (20 days or follow provider recommendations if severely immunocompromised)** since the date of your positive COVID-19 diagnostic test and have no subsequent illness or symptoms.

*CDC recommends to wear a face mask at all times while at work for at least **14 days** from the date of last contact with ill individual, **self-monitor temps**, and practice social distancing in the workplace as able.
(State health departments may recommend quarantine in this situation even though CDC gives other guidance.)

The employer should screen employee temperature and symptoms before shift start, increase HEPA-filtered air exchanges in the building, and increase cleaning of commonly touched surfaces.

HR ensures employees who have **developed symptoms of respiratory illness** do not come to work until:

In cases of laboratory-confirmed COVID-19 with **mild to moderate**:

- They are **free of fever** (<100.4°F, <38.0°C)* for at least 24 hours without the use of fever-reducing medicine **and**;
- Other **symptoms have improved** (for example, cough, shortness of breath) **and**;
- At least **10 days have passed** since symptoms first appeared

In cases of laboratory-confirmed COVID-19 with **severe to critical illness / severely immunocompromised**:

- They are **free of fever** for at least 24 hours without the use of fever-reducing medications **and**;
- Other **symptoms have improved** **and**
- At least **20 days have passed** since symptoms first appeared

In cases of suspected COVID-19 with one negative result from at least one respiratory specimen tested using an FDA-authorized molecular viral assay to detect SARS-CoV-2 RNA:

- Confirm with doctor there is no further clinical suspicion

If symptoms develop.

Refer to guidelines in **SCENARIO 1**.

*It is recommended to compare with your most current state or local public health guidelines (which supersede CDC guidelines) when using this document.

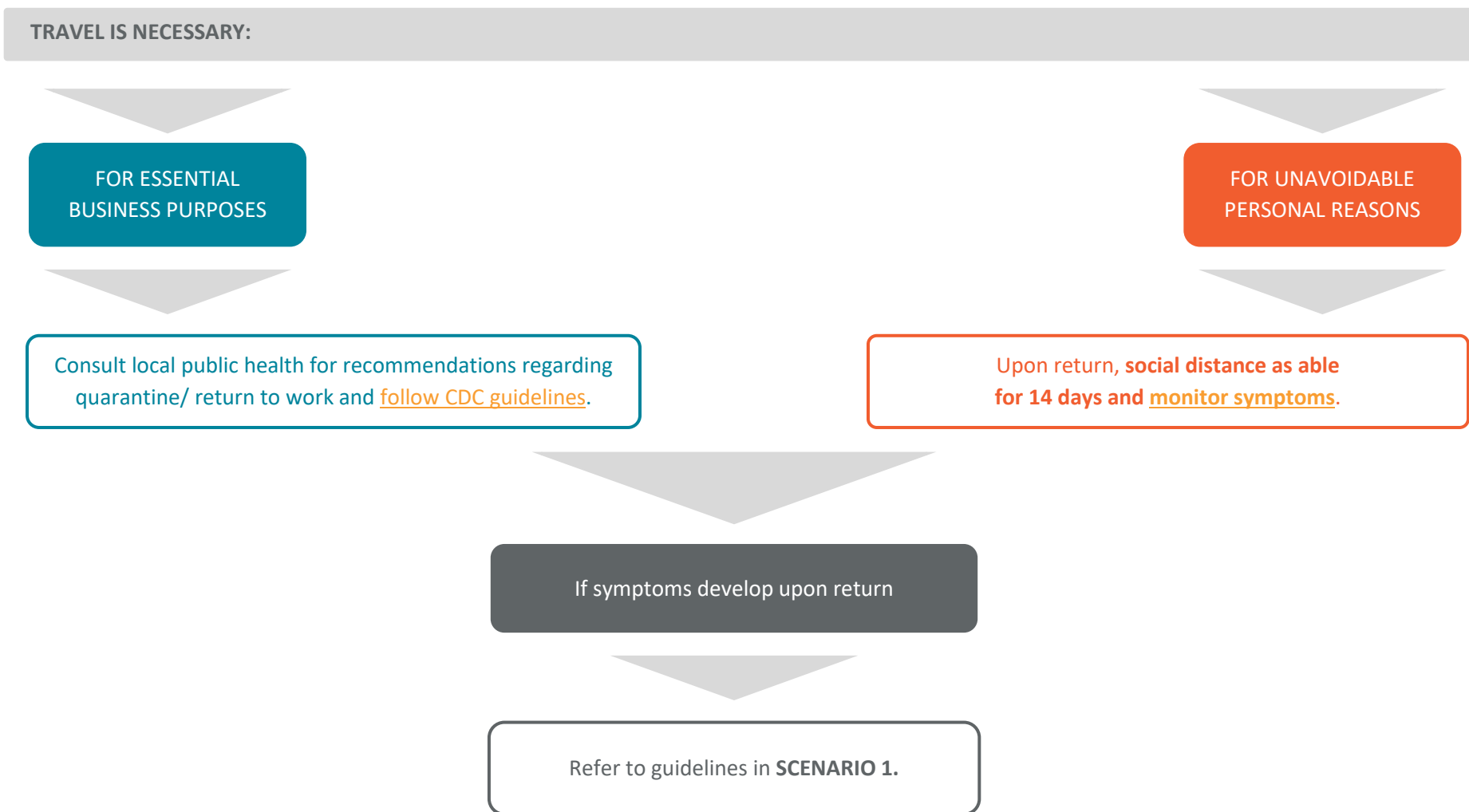
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SCENARIO 3: COVID-19 Occupational Health Guidelines (Non-Healthcare Employees)

UPDATED 12.7.20



***It is recommended to compare with your most current state or local public health guidelines (which supersede CDC guidelines) when using this document.**

NOTE: The quarantine/isolation timeframe may be longer depending on employee's personal health risks and/ or health provider's advice.

NOTE: In most situations, a test-based strategy is no longer recommended to determine when to discontinue isolation for an employee confirmed positive with COVID-19.

When local resource limitations necessitate prioritization of testing decisions, providers should refer to [CDC Priorities for Testing Patients with Suspected COVID-19 Infection](#).

